



Montessori

SCHOOL OF CAYMAN

CASA DAILY SCHEDULE 2024-2025

7:45am-8:15am Arrival/Morning Work Cycle

- Upon arrival, your child will be greeted at their classroom door by a teacher. The children will put their belongings in their cubbies and join the environment for the morning Work Cycle.
- Children are encouraged to move around in the classroom to choose work from a range of different materials set out in the classroom. At this time the teachers are moving around the room giving individual presentations. Additionally, we will be completing various art and cooking activities throughout the week.

9:00am – 9:20am Circle Time

- At 9:00am each morning, the children will gather for Circle Time. We begin by singing the Cayman National Song. We then sing our morning greeting to everyone. We will sing our special songs to help us remember both our days of the week and months of the year. We will also count our calendar days and see whose turn it is to be helper of the day and who will be feeding school animals.
- An interactive style lesson is given based on the weekly project theme and we discuss everyone's thoughts and ideas. Parents will be notified of the weekly project by the monthly newsletter, which will be emailed at the beginning of each month. Once circle time has finished, the children are invited to choose a piece of work.

9:20am - 11:00am Snack and Work Cycle

- Once Circle Time has ended, children are invited to choose a piece of work or continue with their previous work. Children are also encouraged to serve themselves a healthy morning snack at any point during the Work Cycle, when they are hungry. Each day snack consists of a protein, carbohydrate and fruit or vegetable. We try to source organic produce whenever available and always aim to provide healthy, well-balanced options.
- Once they are finished with their snack, children wash their own plate and utensils in the dish washing table that is set up in the classroom. They then join the environment for the remainder of the morning Work Cycle.

11:00am Clean up from Work Cycle

- At 11:00 AM, a bell will ring to signal the end of the morning work cycle and the start of cleanup time. During this time, children are encouraged to carefully put away their materials and ensure that the classroom is tidy and ready for the afternoon work cycle. This routine fosters responsibility and respect for their environment, key aspects of the Montessori philosophy.

11:00am - 11:45am Garden Time

- The Casa children are invited to play freely in our garden, engaging with our many outside toys and in spontaneous play with one another.
- Children are encouraged to wear their hats during garden time. These are kept at school. Children are encouraged and reminded to drink water throughout their outside playtime. Water bottles are refilled using our filter system as needed throughout the day.

11:45am -12:00pm Lunch Preparation

- At this time, students work together to tidy up the outdoor garden, ensuring the space is ready for the afternoon. Following this, children wash their hands and prepare to sit down and enjoy their lunch. This routine helps foster independence, responsibility, and good hygiene practices.

12:00pm - 12:30pm Lunch and Half Day Dismissal

- Students enjoy their lunch in small groups alongside their teachers, creating a calm and social mealtime environment. Half-day parents are welcome to collect their children starting at 12:15 PM, with all half-day pickups required by 12:30 PM. As children finish their lunches, they take responsibility for cleaning up by wiping their table space and washing their hands and faces, promoting independence and good habits.

12:30pm - 12:45pm Meditation

- Students participate in a 15-minute relaxation meditation guided by one of their teachers. During this time, they practise breathing exercises and focus on calming their minds and bodies, preparing them for the afternoon work cycle. This peaceful activity helps foster mindfulness and emotional well-being.

12:45pm - 2:45pm Afternoon Work Cycle

- In the afternoon work cycle children are encouraged to move freely in the environment, choosing materials independently. The afternoon work cycle is a time to focus on advanced materials and working with children to develop their early reading, writing, mathematical and cultural skills.

2:45pm - 3:15pm Prep for Dismissal and Outside Time

- Children will be dismissed via our Outdoor Classroom or the gate to our garden.
- A teacher will bring your child to the Outdoor Classroom gate for collection time with all of their belongings. Please make sure you have all of your child's belongings before leaving the school.

Special Activities

- Our Casa students participate in a variety of extra-curricular lessons on a weekly basis. These include yoga, PE, language lessons, dancing and music. The extra-curricular lessons are fit into our school day so that all students are able to participate.

*Dancing is scheduled for every Tuesday morning from 11am-12pm with Miss Jenny from Centre Pointe

*Spanish is scheduled for every Wednesday afternoon and taught by Ms. Julia.

*Yoga Sprouts is offered as an addition extra-curricular activity for our Casa students and is on a first come, first serve basis. The Yoga Sprouts lesson takes place on Tuesdays at 1:00pm.

*Music is scheduled for every Thursday morning from 11am-12pm with Ms Em from JukeBox Music.

*On Fridays the children will enjoy a PE lesson with Coach Juanjo in our Outdoor environment.

*Please also note that we occasionally adjust our daily schedule to best suit the needs of all students.

3:15-5:15pm After Care

- This time is provided for the children who need to stay past 3:15pm. This is recorded daily and billed to you at the end of each month.